



## **Purple Flag for Dementia Care™**

Achieving A Higher Quality Of Life  
For Persons With Dementia

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Purple Flag for Dementia Care™ is an accreditation program developed to recognize excellence and drive continuous improvement in the quality of services delivered by providers and their staffs who care for individuals living with Alzheimer's Disease and other dementias. Purple Flag for Dementia Care is a collaboration between the Institute for Senior Living Education (ISLE) and the Connecticut Assisted Living Association (CALA). Upon accreditation, providers receive the distinctive purple flag to fly proudly at their provider settings.

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To learn more please visit:  
[purpleflag.org](http://purpleflag.org)

or contact **Christopher Carter**  
[cpcarter@ctassistedliving.com](mailto:cpcarter@ctassistedliving.com)

1-800-291-0995





## Best Practices

### Person-Centered-Care evidence:

- Staff education on person-centered-care for those with dementia
- Initial and ongoing assessments to understanding the individual
- Individualized activity programs
- A staffing plan with consistent caregivers from various disciplines
- Planned cultural, ethnic, religious, holiday and special events
- Developed routines, dietary preferences, socialization and activities of daily living

### Extensive Staff Training Program about brain health that includes:

- Training on cognitive changes, dementia stages and normal aging
- Validated evaluation tools for changes in cognitive capability
- Printed resources to individuals diagnosed with dementia
- Family teaching for dementia diagnosis

### Physical and Psychosocial Evaluations at admission and scheduled intervals to include:

- Assessment tools used to evaluate behaviors, cognitive function, physical status and psychosocial status
- All care partners engaged in a multidisciplinary approach
- Assignment of a care manager to collaborate, provide documentation of care and communication to the care partner team and family caregivers
- Support for advance care planning including advanced directives, palliative care, hospice and other care provisions

### Information, Education and Support for Individuals Living with Dementia to include:

- Education on early-stage dementia and disease progression care plans
- Assessment tools to address specific cultures, ethnicities, minorities, LGBT persons and those who are socially disadvantaged
- Written materials for caregiver support during transitions
- Technology systems for family outreach in order to provide education and support

### Support Activities of Daily Living to include:

- Assessment process for bathing, toileting, dressing, and eating
- Internal routines and processes ensuring privacy and dignity
- Dining procedures and supportive dining care
- Toileting practices
- Management of nutritional intake, weight loss and appetite loss



### Facility Staffing include description of:

- Leadership and staff credentials
- How person-centered information is disseminated to care partners
- Interdepartmental communication process
- Staff turnover rates and assignment methods
- Calendar of one-year educational events with specific topics
- Summary of quality development projects

### Supportive and Therapeutic Environments evidence includes:

- Emphasis on caring, dignity, courtesy, and respect to foster sense of team and community
- Encouraging choice, self-expression, safety, and meaningful engagement
- Practice of pain assessment and management

### Transitions of Care includes:

- Materials for support and education in transition of care events and other locations of care
- Timely communication to caregivers during condition changes
- Process for discharge to another care venue and re-admission after return

